### <span id="page-0-0"></span>Simple Linear Regression

Grinnell College

September 20, 2024

Recall that:

- ▶ Z-scores or standardized scores relate each observation to the mean and standard deviation of the variable
- ▶ Correlation specifies the linear relationship between two quantitative variables

### Pearson's Height Data

ł,





#### Regression towards the mean



The correlation coefficient tells us how much "regression" we expect to observe in terms of standardized values:

 $zs = r \times z_F$ 

If the father is one and a half standard deviations aove average ( $z_F = 1.5$ ), and the correlation between heights is 0.501, we have:

$$
z_{\mathcal{S}} = r \times z_{\mathcal{F}}
$$
  
= 0.501 \times 1.5  
= 0.752

### Correlation and Prediction



From here, we can back substitute the value for  $z<sub>S</sub>$  to get our unstandardized predictions:

$$
z_5 = 0.752
$$
  

$$
\left(\frac{\hat{y} - 68.68}{2.81}\right) = 0.752
$$
  

$$
\hat{y} = 0.752 \times 2.81 + 68.68
$$
  

$$
\hat{y} = 70.793
$$

The relationship  $z_v = r \times z_x$  can always be manipulated to rewrite the relationship between the variables X and y so they fit the formula

$$
\hat{y} = \hat{\beta}_0 + X\hat{\beta}_1
$$

We interpret these as follows:

 $\blacktriangleright$   $\hat{\beta}_0$  represents the *intercept*, or the estimated value of  $y$  when  $X=0$  $\blacktriangleright$   $\hat{\beta}_1$  represents the *slope*, indicating the magnitude of change in y given a unit change in  $X$ 

#### **Predictions**

The formula for the regression line

$$
\hat{y} = \beta_0 + X\beta_1
$$

can be expressed in terms our our original variables and what we wish to predict

$$
\widehat{\mathsf{Son's Height}} = 33.9 + 0.51 \times \mathsf{Father's Height}
$$

From this, there are a few things about lines we can observe:

- $\triangleright$  Using this line, given the Father's height, we can predict the son's height using this line by plugging in a value for the father's height
- $\blacktriangleright$  "For each 1 inch change in Father's height, we expect to see a 0.51 inch change in Son's height"
- ▶ Intercept interpretation

#### Using Correlation to Make Predictions



"Given father's height, the average height of the son is..."

# Symmetry

Unlike correlation, where  $r_{xy} = r_{yx}$ , regression is asymmetrical: the choice of explanatory and response variables matter



In 2004, an article was published in Nature titled "Momentous sprint at the 2156 Olympics." The authors plotted the winning times of men's and women's 100m dash in every Olympic contest, fitting separate regression lines to each; they found that the two lines will intersect at the 2156 Olympics. Here are a few of the headlines:

- ▶ "Women 'may outsprint men by 2156"" BBC News
- ▶ "Data Trends Suggest Women Will Outrun Men in 2156" Scientific American
- $\triangleright$  "Women athletes will one day out-sprint men" The Telegraph
- "Why women could be faster than men within 150 years"  $-$  The Guardian

#### Momentous sprint at the 2156 Olympics?

Women sprinters are closing the gap on men and may one day overtake them.



#### 12 years of data later



### Intercept Interpretation/Extrapolation





# Assessing Quality of Fit

"How much variability is left once I have selected my prediction on the line?"



# Assessing Quality of Fit

"How much variability is left once I have selected my prediction on the line?"



If we had an outcome y and no predictor variable  $x$ , our best guess for an estimate of y would simply by the mean,  $\overline{y}$ 

From this, we get a sense of the *total variance* by taking the sum of squares:

Total Sum of Squares = 
$$
\sum_{i=1}^{n} (y_i - \overline{y})^2
$$

We can think of this as our baseline: this is how much variability we see with no other predictors

Now assume for each  $y_i$  we used a variable  $x_i$ , along with their correlation, to create an estimated value  $\hat{y_i}$ , with

$$
\hat{y}_i = \beta_0 + \beta_1 x_1
$$

We could then ask ourselves: how much variability is left once I have used my predictor to make  $\hat{y}_i$ ? This gives us the *residual sum of squares*:

Residual Sum of Squares 
$$
=\sum_{i=1}^{n} (y_i - \hat{y}_i)^2
$$

### Coefficient of Determination

Now consider the ratio of variance explained in model against variance without model:

Residual SS (SSR) 
$$
= \frac{\sum_{i=1}^{n} (y_i - \hat{y}_i)^2}{\sum_{i=1}^{n} (y_i - \overline{y})^2}
$$

If our model is no better than guessing the average (i.e., if  $\hat{y} = \overline{y}$ ), this ratio would be 1; if we are able to perfectly predict each value  $y_i$ , this ratio would be 0

Our coefficient of determination or  $R^2$  (R-squared) is defined as

$$
R^2 = 1 - \frac{SSR}{SST}
$$

Somewhat surprisingly, in the case with a single predictor variable we have that the coefficient of determination is simply the squared correlation

$$
R^2=r^2
$$



**Total Variance** 

<span id="page-19-0"></span>We should be able to

- ▶ Describe how correlation and regression related
- $\triangleright$  Be able to predict an outcome, given a predictor
- $\blacktriangleright$  Interpret the slope and intercept (if applicable)
- $\blacktriangleright$  Assess the quality of a fitted line